

Participant Pre-read

Simply visit as many controls (numbered circles) as you can. Start and finish at the triangle.

45 minute score event, 20 points per control.

10 points deducted for each minute or part minute late.

If unsure of what to do or what the symbols mean, see our guide:

<https://www.herts-orienteeing.club/uploads/wiki/DIYO-guide.pdf>

Run responsibly

You should abide by British Orienteering's Covid-19 [Code of Conduct](#), particularly social distancing.

Maybe we're stating the obvious. In essence, there is no reason why this should be different from any other run – or walk, or jog – you do. But sometimes we concentrate too hard on the map, or get carried away with beating the clock. So keep safe:

- Watch out for hazards, especially the ones we specifically mention on the front of the map. Others include trip hazards, impacting hard objects and passers by.
- Pay particular attention to traffic on roads.
- Keep social distance. These are public areas.
- Dress appropriately for the weather & avoid extreme conditions. For our forest courses full leg cover is better.
- Consider how much guidance your child or vulnerable adult needs. We do not recommend street courses for unaccompanied under 16s.

<https://www.herts-orienteeing.club>

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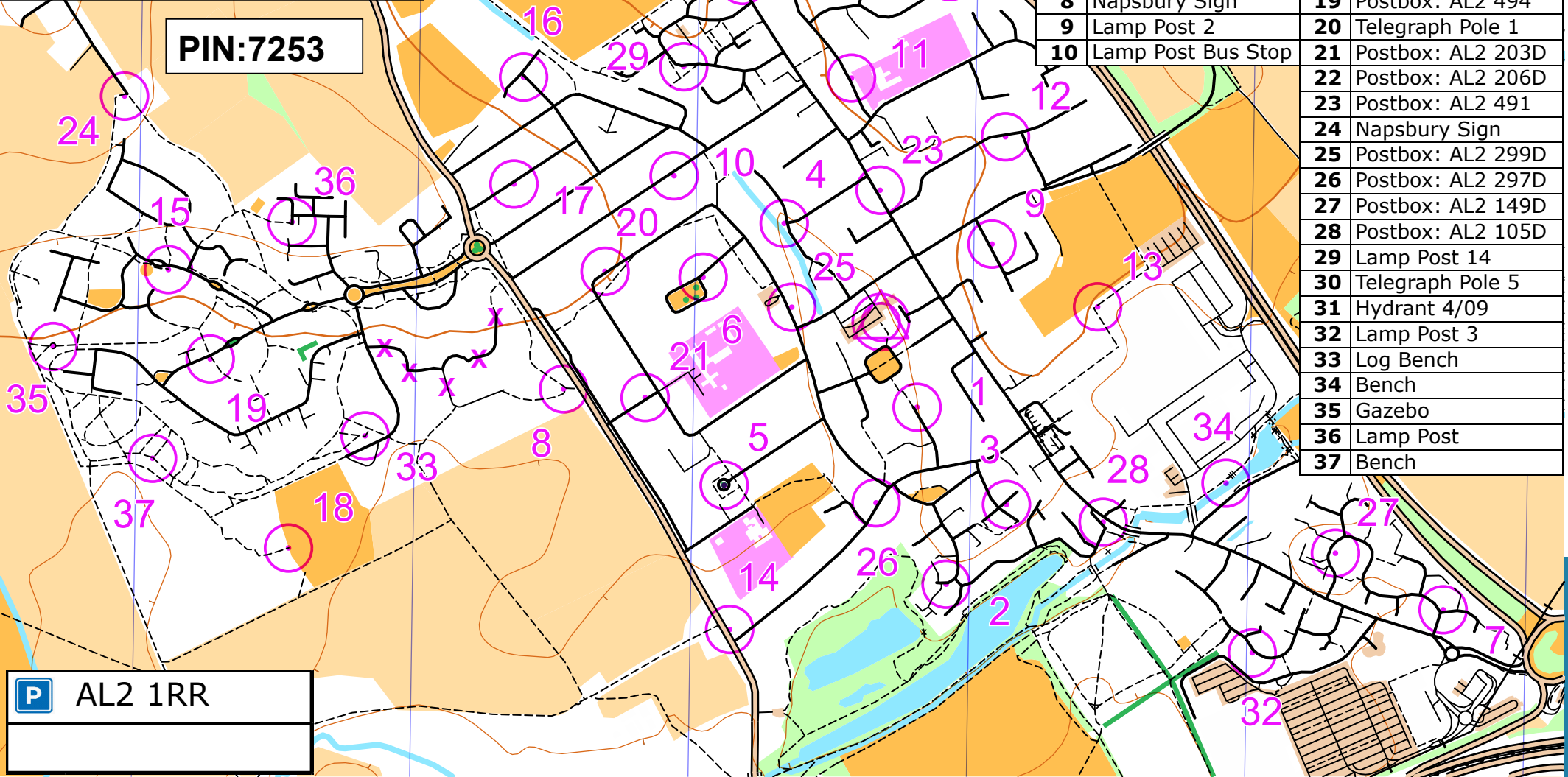
scale 1:10000, contours 5m
500m



Take care crossing roads!
45 minute score event, 20 points per control.
-10 points for each part minute late.

MapRun: HH London Colney 2024
Results and more info:
<https://herts-orienteering.club/>

Start/finish: Path end



No	Description	No	Description
S/F	Path end	11	Lamp Post 16
1	Telegraph Pole 1	12	Green Box LC012-21
2	Telegraph Pole 343	13	Bench
3	Lamp Post 6	14	Hydrant 100 / 4
4	Lamp Post 6	15	Dog Bin
5	Lamp Post 5	16	Lamp Post 8
6	Telegraph Pole 237	17	Green Box LC011-06
7	Hydrant 100 / 9	18	Gate
8	Napsbury Sign	19	Postbox: AL2 494
9	Lamp Post 2	20	Telegraph Pole 1
10	Lamp Post Bus Stop	21	Postbox: AL2 203D
		22	Postbox: AL2 206D
		23	Postbox: AL2 491
		24	Napsbury Sign
		25	Postbox: AL2 299D
		26	Postbox: AL2 297D
		27	Postbox: AL2 149D
		28	Postbox: AL2 105D
		29	Lamp Post 14
		30	Telegraph Pole 5
		31	Hydrant 4/09
		32	Lamp Post 3
		33	Log Bench
		34	Bench
		35	Gazebo
		36	Lamp Post
		37	Bench