

Participant Pre-read

Simply visit as many controls (numbered circles) as you can. Start and finish at the triangle.

45 minute score event, 20 points per control.

10 points deducted for each minute or part minute late.

If unsure of what to do or what the symbols mean, see our guide:

<https://www.herts-orienteering.club/uploads/wiki/DIYO-guide.pdf>

Run responsibly

You should abide by British Orienteering's Covid-19 [Code of Conduct](#), particularly social distancing.

Maybe we're stating the obvious. In essence, there is no reason why this should be different from any other run – or walk, or jog – you do. But sometimes we concentrate too hard on the map, or get carried away with beating the clock. So keep safe:

- Watch out for hazards, especially the ones we specifically mention on the front of the map. Others include trip hazards, impacting hard objects and passers by.
- Pay particular attention to traffic on roads.
- Keep social distance. These are public areas.
- Dress appropriately for the weather & avoid extreme conditions. For our forest courses full leg cover is better.
- Consider how much guidance your child or vulnerable adult needs. We do not recommend street courses for unaccompanied under 16s.

<https://www.herts-orienteering.club>

HH BOREHAMWOOD 2023

scale 1:10000, contours 5m
500m



P Brook Road, WD6 5HL

Take care crossing roads

45 minute score event

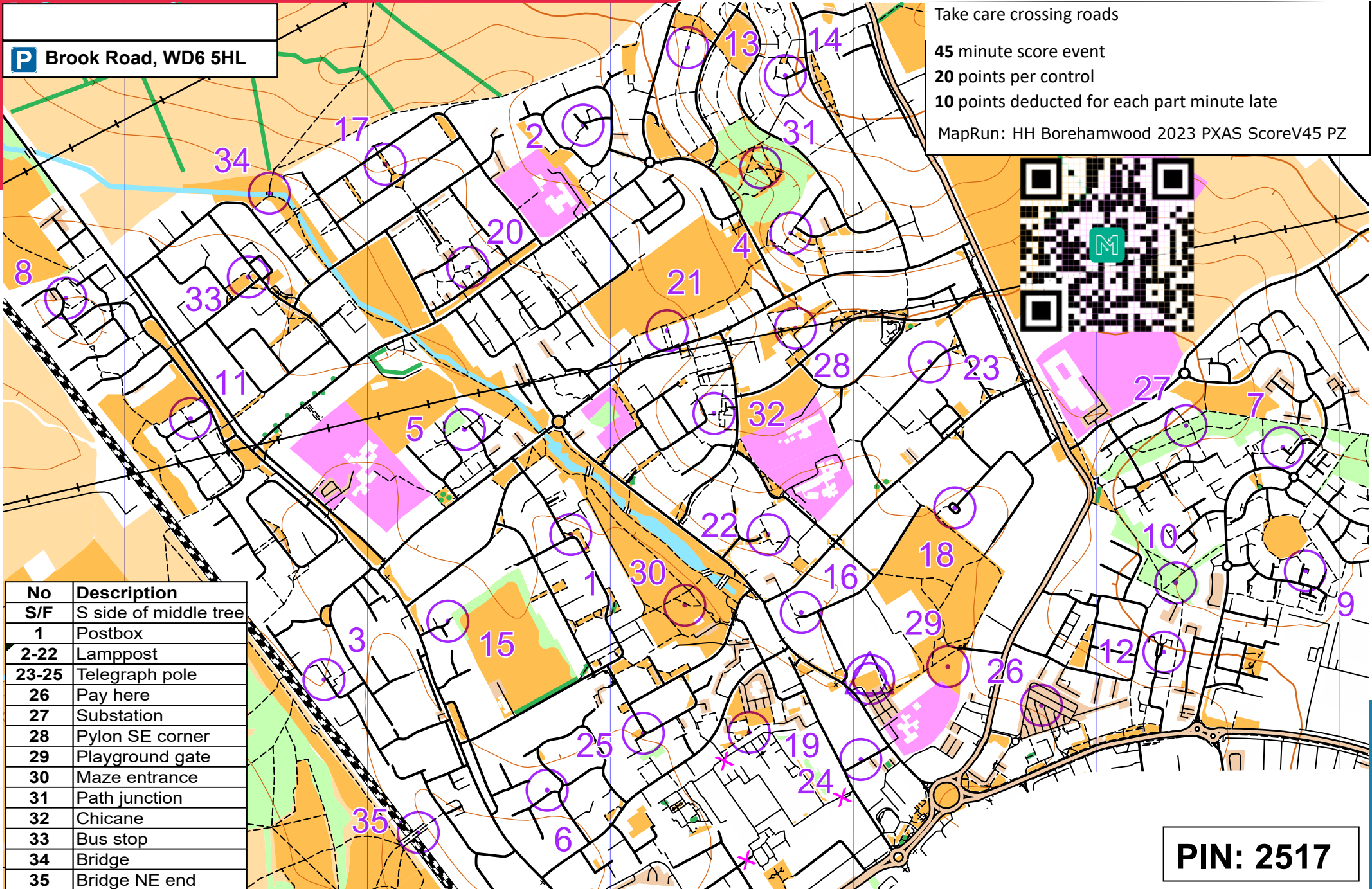
20 points per control

10 points deducted for each part minute late

MapRun: HH Borehamwood 2023 PXAS ScoreV45 PZ



No	Description
S/F	S side of middle tree
1	Postbox
2-22	Lamppost
23-25	Telegraph pole
26	Pay here
27	Substation
28	Pylon SE corner
29	Playground gate
30	Maze entrance
31	Path junction
32	Chicane
33	Bus stop
34	Bridge
35	Bridge NE end



PIN: 2517