

Participant Pre-read

Simply visit as many controls (numbered circles) as you can. Start and finish at the triangle.

45 minute score event, 20 points per control.

10 points deducted for each minute or part minute late.

If unsure of what to do or what the symbols mean, see our guide:

<https://www.herts-orienteeing.club/uploads/wiki/DIYO-guide.pdf>

Run responsibly

You should abide by British Orienteering's Covid-19 [Code of Conduct](#), particularly social distancing.

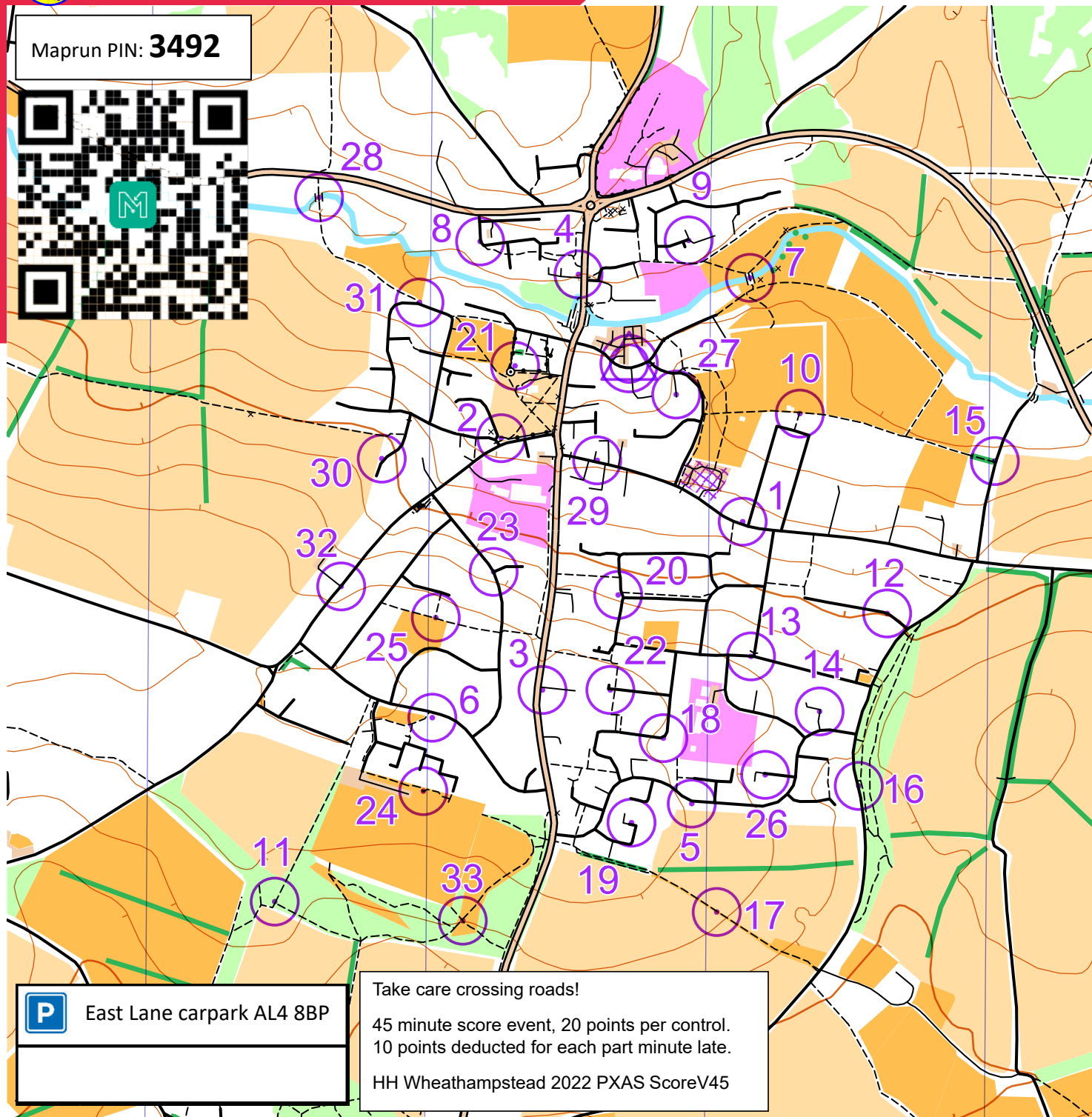
Maybe we're stating the obvious. In essence, there is no reason why this should be different from any other run – or walk, or jog – you do. But sometimes we concentrate too hard on the map, or get carried away with beating the clock. So keep safe:

- Watch out for hazards, especially the ones we specifically mention on the front of the map. Others include trip hazards, impacting hard objects and passers by.
- Pay particular attention to traffic on roads.
- Keep social distance. These are public areas.
- Dress appropriately for the weather & avoid extreme conditions. For our forest courses full leg cover is better.
- Consider how much guidance your child or vulnerable adult needs. We do not recommend street courses for unaccompanied under 16s.

<https://www.herts-orienteeing.club>



Maprun PIN: **3492**



P East Lane carpark AL4 8BP

Take care crossing roads!
45 minute score event, 20 points per control.
10 points deducted for each part minute late.
HH Wheathampstead 2022 PXAS ScoreV45

No	Description	11	Path junction	23	Lamppost 6
S/F	Footpath exit from P	12	telegraph pole	24	Playground entrance
1	Postbox AL4 39	13	Lamppost 6	25	Lamppost
2	Postbox AL4 119	14	Lamppost	26	Lamppost 2
3	Postbox AL4 10	15	footpath sign	27	Lamppost 5
4	Postbox AL4 163	16	Gateway	28	Bridge
5	Postbox AL4 140	17	Path	29	Fire Sign
6	Postbox AL4 276	18	Lamppost 10	30	Lamppost
7	Bridge	19	Lamppost 6	31	Lamppost
8	Lamppost 3	20	Lamppost 8	32	Car park entrance
9	Dawes close signpost	21	Bench	33	Path junction
10	Path junction	22	Lamppost 7		