

## Participant Pre-read

Simply visit as many controls (numbered circles) as you can. Start and finish at the triangle.

45 minute score event, 20 points per control.

10 points deducted for each minute or part minute late.

If unsure of what to do or what the symbols mean, see our guide:

<https://www.herts-orienteeing.club/uploads/wiki/DIYO-guide.pdf>

## Run responsibly

You should abide by British Orienteering's Covid-19 [Code of Conduct](#), particularly social distancing.

Maybe we're stating the obvious. In essence, there is no reason why this should be different from any other run – or walk, or jog – you do. But sometimes we concentrate too hard on the map, or get carried away with beating the clock. So keep safe:

- Watch out for hazards, especially the ones we specifically mention on the front of the map. Others include trip hazards, impacting hard objects and passers by.
- Pay particular attention to traffic on roads.
- Keep social distance. These are public areas.
- Dress appropriately for the weather & avoid extreme conditions. For our forest courses full leg cover is better.
- Consider how much guidance your child or vulnerable adult needs. We do not recommend street courses for unaccompanied under 16s.

<https://www.herts-orienteeing.club>

# HEMEL HEMPSTEAD (GROVEHILL) STREET-O

scale 1:10000, contours 5m  
500m

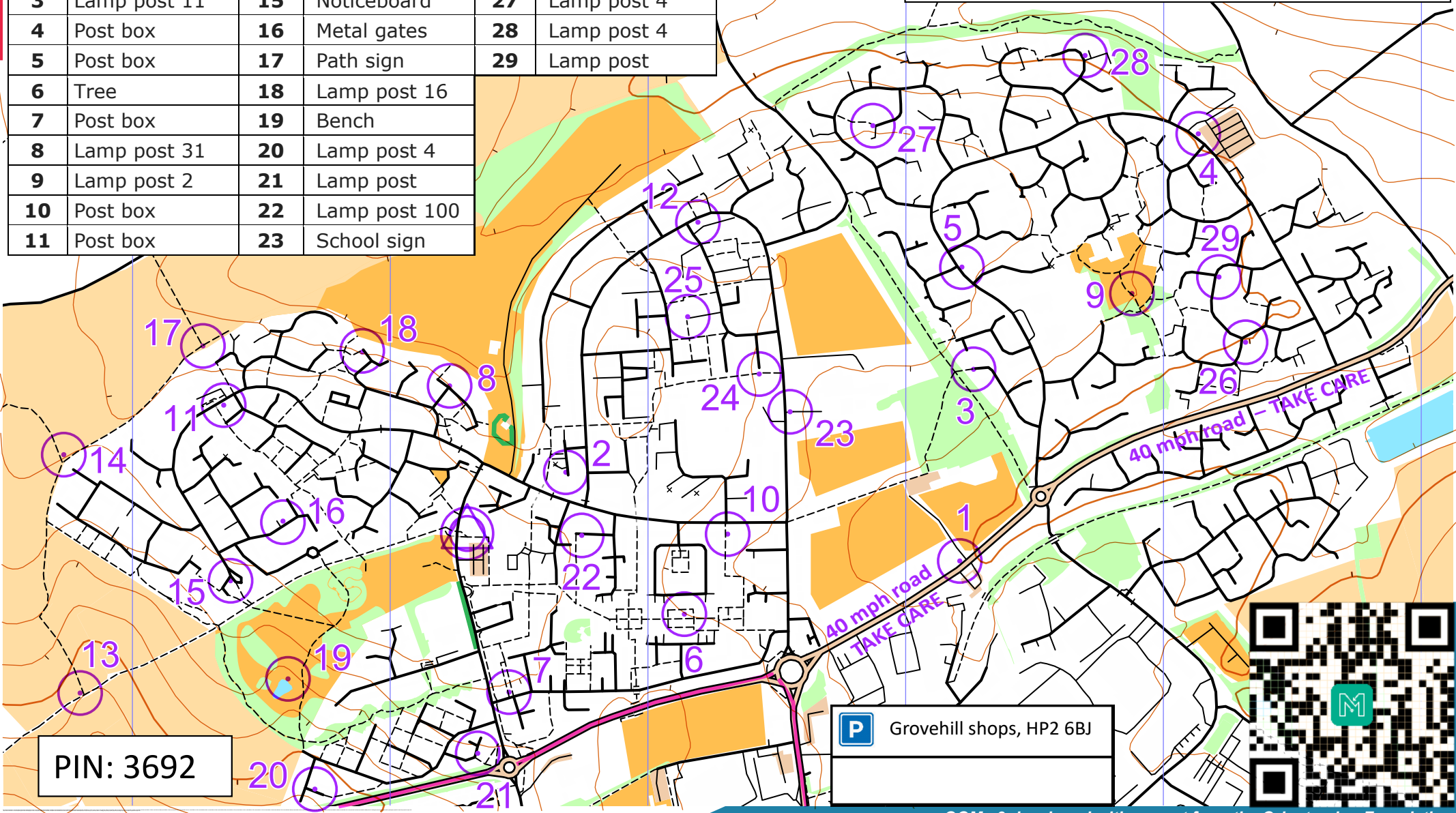
ORIENTEERING FOUNDATION

No.	Description	No.	Description	No.	Description
S/F	Phone mast	12	Post box	24	Lamp post
1	Post box	13	Path sign	25	Lamp post H36
2	Post box	14	Tree	26	Tree stump
3	Lamp post 11	15	Noticeboard	27	Lamp post 4
4	Post box	16	Metal gates	28	Lamp post 4
5	Post box	17	Path sign	29	Lamp post
6	Tree	18	Lamp post 16		
7	Post box	19	Bench		
8	Lamp post 31	20	Lamp post 4		
9	Lamp post 2	21	Lamp post		
10	Post box	22	Lamp post 100		
11	Post box	23	School sign		

Take care crossing roads! **The A4147 is out of bounds.**

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MapRun: HH Hemel Hempstead 2022 PXAS ScoreV45 PZ



PIN: 3692

P Grovehill shops, HP2 6BJ

