

## Participant Pre-read

Simply visit as many controls (numbered circles) as you can. Start and finish at the triangle.

45 minute score event, 20 points per control.

10 points deducted for each minute or part minute late.

If unsure of what to do or what the symbols mean, see our guide:

<https://www.herts-orienteeing.club/uploads/wiki/DIYO-guide.pdf>

## Run responsibly

You should abide by British Orienteering's Covid-19 [Code of Conduct](#), particularly social distancing.

Maybe we're stating the obvious. In essence, there is no reason why this should be different from any other run – or walk, or jog – you do. But sometimes we concentrate too hard on the map, or get carried away with beating the clock. So keep safe:

- Watch out for hazards, especially the ones we specifically mention on the front of the map. Others include trip hazards, impacting hard objects and passers by.
- Pay particular attention to traffic on roads.
- Keep social distance. These are public areas.
- Dress appropriately for the weather & avoid extreme conditions. For our forest courses full leg cover is better.
- Consider how much guidance your child or vulnerable adult needs. We do not recommend street courses for unaccompanied under 16s.

<https://www.herts-orienteeing.club>

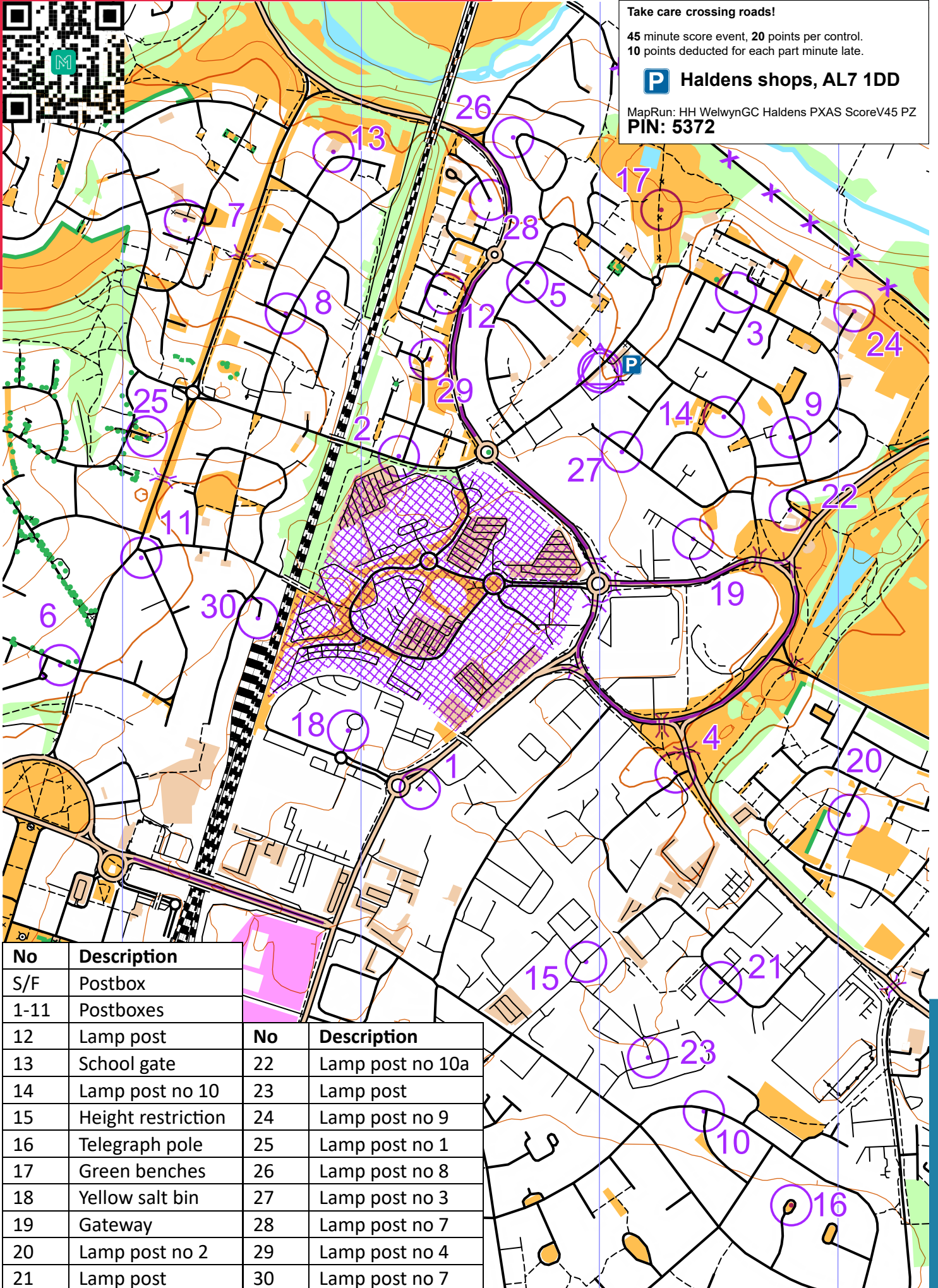


Take care crossing roads!

45 minute score event, 20 points per control.  
10 points deducted for each part minute late.

**P** Haldens shops, AL7 1DD

MapRun: HH WelwynGC Haldens PXAS ScoreV45 PZ  
**PIN: 5372**



No	Description	No	Description
S/F	Postbox		
1-11	Postboxes		
12	Lamp post	22	Lamp post no 10a
13	School gate	23	Lamp post
14	Lamp post no 10	24	Lamp post no 9
15	Height restriction	25	Lamp post no 1
16	Telegraph pole	26	Lamp post no 8
17	Green benches	27	Lamp post no 3
18	Yellow salt bin	28	Lamp post no 7
19	Gateway	29	Lamp post no 4
20	Lamp post no 2	30	Lamp post no 7
21	Lamp post		