

Participant Pre-read

Simply visit as many controls (numbered circles) as you can. Start and finish at the triangle.

45 minute score event, 20 points per control.

10 points deducted for each minute or part minute late.

If unsure of what to do or what the symbols mean, see our guide:

<https://www.herts-orienteering.club/uploads/wiki/DIYO-guide.pdf>

Run responsibly

You should abide by British Orienteering's Covid-19 [Code of Conduct](#), particularly social distancing.

Maybe we're stating the obvious. In essence, there is no reason why this should be different from any other run – or walk, or jog – you do. But sometimes we concentrate too hard on the map, or get carried away with beating the clock. So keep safe:

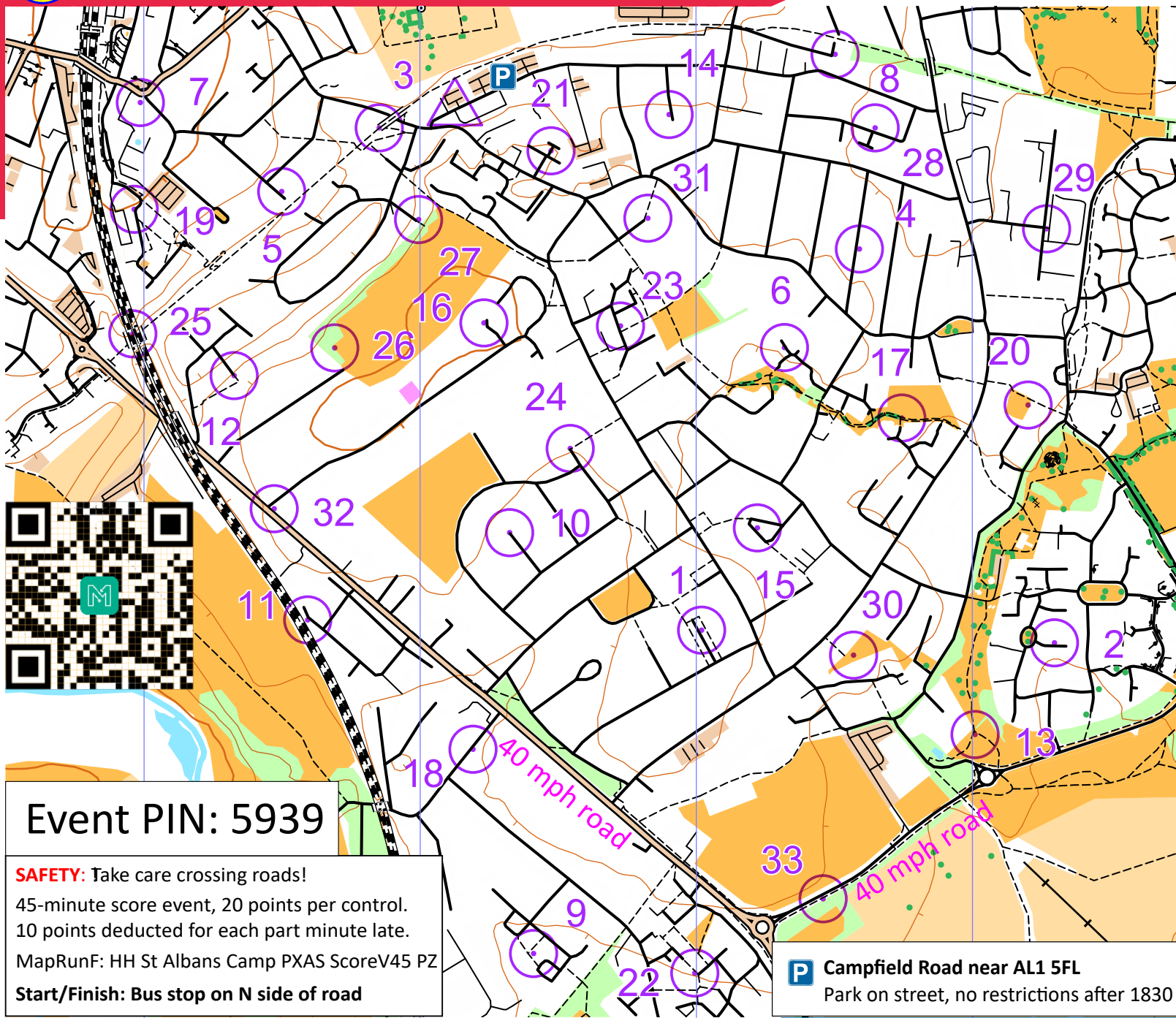
- Watch out for hazards, especially the ones we specifically mention on the front of the map. Others include trip hazards, impacting hard objects and passers by.
- Pay particular attention to traffic on roads.
- Keep social distance. These are public areas.
- Dress appropriately for the weather & avoid extreme conditions. For our forest courses full leg cover is better.
- Consider how much guidance your child or vulnerable adult needs. We do not recommend street courses for unaccompanied under 16s.

<https://www.herts-orienteering.club>



ST ALBANS CAMP

scale 1:10000, contours 5m
500m



No	Description
1	Telephone pole 1
2	Lamppost 2
3	SW end of blue bridge
4	Fire hydrant 4/4
5	Lamppost 5
6	Lamppost 6
7	Cannon (HMP Slade)
8	Lamppost 8
9	Lamppost 9
10	Fire hydrant
11	Lamppost 11
12	Lamppost 2
13	Orchard sign
14	Telephone pole 141
15	Telephone pole
16	Lamppost 16
17	Shallow steps
18	Post box
19	Fire hydrant on lamppost
20	Bench
21	Building pass through SW end
22	SE end of hedge
23	Grey box 23
24	School back gate
25	Underneath the arches
26	Red bin
27	Bottom of steps
28	Telephone pole DP428
29	Postbox AL1 292/3
30	Goal
31	Rootstock
32	Postbox
33	Reduce speed now



Event PIN: 5939

SAFETY: Take care crossing roads!
 45-minute score event, 20 points per control.
 10 points deducted for each part minute late.
 MapRunF: HH St Albans Camp PXAS ScoreV45 PZ
Start/Finish: Bus stop on N side of road

P Campfield Road near AL1 5FL
 Park on street, no restrictions after 1830

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