

Participant Pre-read

Simply visit as many controls (numbered circles) as you can. Start and finish at the triangle.

45 minute score event, 20 points per control.

10 points deducted for each minute or part minute late.

If unsure of what to do or what the symbols mean, see our guide:

<https://www.herts-orienteeing.club/uploads/wiki/DIYO-guide.pdf>

Run responsibly

You should abide by British Orienteering's Covid-19 [Code of Conduct](#), particularly social distancing.

Maybe we're stating the obvious. In essence, there is no reason why this should be different from any other run – or walk, or jog – you do. But sometimes we concentrate too hard on the map, or get carried away with beating the clock. So keep safe:

- Watch out for hazards, especially the ones we specifically mention on the front of the map. Others include trip hazards, impacting hard objects and passers by.
- Pay particular attention to traffic on roads.
- Keep social distance. These are public areas.
- Dress appropriately for the weather & avoid extreme conditions. For our forest courses full leg cover is better.
- Consider how much guidance your child or vulnerable adult needs. We do not recommend street courses for unaccompanied under 16s.

<https://www.herts-orienteeing.club>



HARPENDEN NW

scale 1:10000, contours 5m
500m



P Sainsbury's car park in Bowers Way (free after 6:30pm). This has a pedestrian exit onto the High Street directly opposite Church Green.

SAFETY: Take care crossing roads!
45-minute score event, 20 points per control.
10 points deducted for each part minute late.
MapRun: HH Harpenden NW PXAS ScoreV45 PZ

MapRun PIN: **9514**
S/F: **Church Notice Board**

No	Description
S/F	Church Green
1	Lamppost
2	Lamppost
3	Lamppost
4	Lamppost
5	Lamppost
6	Lamppost
7	Lamppost
8	Lamppost
9	Path bend
10	Path bend
11	Lamppost
12	Lamppost
13	Railway bridge
14	Railway bridge
15	Lamppost
16	Railway bridge
17	Lamppost
18	Lamppost
19	Railway footbridge
20	Salt container
21	Lamppost
22	Lamppost
23	Lamppost
24	Path junction

