## Participant Pre-read

Simply visit as many controls (numbered circles) as you can. Start and finish at the triangle.
45 minute score event, 20 points per control.
10 points deducted for each minute or part minute late.
If unsure of what to do or what the symbols mean, see our guide:
https://www.herts-orienteering.club/uploads/wiki/DIYO-guide.pdf

## Run responsibly

You should abide by British Orienteering's Covid-19 Code of Conduct, particularly social distancing.
Maybe we're stating the obvious. In essence, there is no reason why this should be different from any other run - or walk, or jog - you do. But sometimes we concentrate too hard on the map, or get carried away with beating the clock. So keep safe:

- Watch out for hazards, especially the ones we specifically mention on the front of the map. Others include trip hazards, impacting hard objects and passers by.
- Pay particular attention to traffic on roads.
- Keep social distance. These are public areas.
- Dress appropriately for the weather \& avoid extreme conditions. For our forest courses full leg cover is better.
- Consider how much guidance your child or vulnerable adult needs. We do not recommend street courses for unaccompanied under 16 s .
https://www.herts-orienteering.club

Colney Heath and Tyttenhanger
Scale 1:10,000, 5 m contours

| Gravel Pits: $\mathbf{2 7 / 0 7 / 2 0 2 1}$ |  |  |
| :--- | :--- | :--- |
| $\mathbf{4 5}$ minute score | $\mathbf{3 0}$ controls |  |
| $\mathbf{D}$ |  | Start: S part of paved area |
| $\mathbf{1}$ | 101 | Bend in path |
| $\mathbf{2}$ | 102 | Bridge |
| $\mathbf{3}$ | 103 | nW side of fence |
| $\mathbf{4}$ | 104 | S inside corner of fence |
| $\mathbf{5}$ | 105 | Foot of hill |
| $\mathbf{6}$ | 106 | SE end of Nw fence |
| $\mathbf{7}$ | 107 | E side of thicket |
| $\mathbf{8}$ | 108 | Bridge |
| $\mathbf{9}$ | 109 | Bend in path |
| $\mathbf{1 0}$ | 110 | Between thickets |
| $\mathbf{1 1}$ | 111 | Path |
| $\mathbf{1 2}$ | 112 | Path junction |
| $\mathbf{1 3}$ | 113 | Path |
| $\mathbf{1 4}$ | 114 | Coal post |
| $\mathbf{1 5}$ | 115 | Foot of earth bank |
| $\mathbf{1 6}$ | 116 | Coal post |
| $\mathbf{1 7}$ | 117 | W side of thicket |
| $\mathbf{1 8}$ | 118 | Between fences |
| $\mathbf{1 9}$ | 119 | E outside corner of fence |
| $\mathbf{2 0}$ | 120 | SE outside corner of building |
| $\mathbf{2 1}$ | 121 | W outside corner of fence |
| $\mathbf{2 2}$ | 122 | E side of fence |
| $\mathbf{2 3}$ | 123 | Bend in path |
| $\mathbf{2 4}$ | 124 | Path |
| $\mathbf{2 5}$ | 125 | Bend in path |
| $\mathbf{2 6}$ | 126 | Path |
| $\mathbf{2 7}$ | 127 | Bridge |
| $\mathbf{2 8}$ | 128 | S end of N fence |
| $\mathbf{2 9}$ | 129 | Crossing point |
| $\mathbf{3 0}$ | 130 | Road and path junction |



You must report back to the organiser by 8.15 p.m. even if you do not finish. Mobile: 07944384038

Do not enter
$\qquad$

Cultivated land


Private property Out of bounds

